



JUNE



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>10:00-11:00 B/P Check</p> <p>10:00 -10:45 Latin Fiesta</p> <p>10:00-11:00 Current Events</p> <p>11:15-12:00 Stretch &amp; Tone</p> <p>12:00-1:00 ESL Beginners</p> <p>1:00-2:00 Line Dancing</p> <p>1:00-2:00 Ukelele Lessons</p> <p>2:00-3:00 Art with Rosa</p> <p>2:30-3:15 Kinima Fit</p>	<p>4</p> <p>9:45-10:45 Tai Chi w/Alma</p> <p>10:00-12:00 Haircuts</p> <p>11:15-12:00 Yoga</p> <p>12:00-3:00 Mah Jong</p> <p>1:00-1:30 Kinima Fit</p> <p>2:00-2:45 Chair Zumba</p> <p>3:00-4:00 Fitness w/Linda L</p>	<p>5</p> <p>10:00-10:45 Zumba Gold</p> <p>11:00-12:00 Pilates Sculpt</p> <p>11:00-12:00 Sing Along</p> <p>12:00-1:00 ESL Beginners</p> <p>1:00-2:30 Open Technology</p> <p>1:15-2:30 AI Apps</p> <p>1:30-2:30 Aerobics</p> <p>3:00-4:00 Tai Chi with Ken</p>	<p>6</p> <p>9:00-2:00 Hispanic Club</p> <p>9:00-10:00 Tai Chi w/Alma</p> <p>10:00-11:45 Knitting</p> <p>10:30-11:00 Kinima Fit</p> <p>11:30-1:00 History of Ageism in our Soceity</p> <p>12:00-1:00 ESL Intermediate</p> <p>12:45-1:45 Jewelry Class</p> <p>1:00-3:00 Drop In Bridge</p> <p>1:30-2:30 Strength Training</p>	<p>7</p> <p>9:00-10:00 Tai Chi w/Ken Scalzi Park</p> <p>10:00-11:00 Coffee w/Chris</p> <p>10:00-10:45 Chair Fitness w/Lili</p> <p>11:00-12:00 Art with Rene</p> <p>1:30-2:30 Total Body Workout</p>
<p>10</p> <p>10:00 -10:45 Latin Fiesta</p> <p>11:15-12:00 Stretch &amp; Tone</p> <p>12:00-1:00 ESL Beginners</p> <p>1:00-2:00 Line Dancing</p> <p>2:00-3:00 Art with Rosa</p> <p>2:30-4:30 Movie: Maestro</p> <p>2:30-3:15 Kinima Fit</p>	<p>11</p> <p>9:45-10:45 Tai Chi w/Alma</p> <p>11:15-12:00 Yoga</p> <p>12:00-3:00 Mah Jong</p> <p>1:00-1:30 Kinima Fit</p> <p>2:00-2:45 Chair Zumba</p> <p>3:00-4:00 Fitness w/Linda L</p>	<p>12</p> <p>10:00-10:45 Zumba Gold</p> <p>11:00-12:00 Pilates Sculpt</p> <p>11:00-12:00 Sing Along</p> <p>12:00-1:00 ESL Beginners</p> <p>1:00-2:30 Open Technology</p> <p>1:30-2:30 Aerobics</p> <p>3:00-4:30 Nickel Bingo</p> <p>3:00-4:00 Tai Chi with Ken</p>	<p>13</p> <p>9:00-10:00 Tai Chi w/Alma</p> <p>10:00-11:45 Knitting</p> <p>10:30-11:00 Kinima Fit</p> <p>12:00-1:00 ESL Intermediate</p> <p>12:00-1:15 Mastering the Emotions Mindfully</p> <p>12:45-1:45 Jewelry Class</p> <p>1:00-3:00 Drop In Bridge</p> <p>1:30-2:30 Strength Training</p> <p>3:00-4:00 Afternoon Social</p>	<p>14</p> <p>9:00-10:00 Tai Chi w/Ken Scalzi Park</p> <p>10:00-10:45 Chair Fitness w/Lili</p> <p>10:00-11:00 Journey to Happiness</p> <p>11:00-12:00 Art with Rene</p> <p>1:30-2:30 Total Body Workout</p>
<p>17</p> <p>10:00 -10:45 Latin Fiesta</p> <p>10:00-11:00 Current Events</p> <p>11:15-12:00 Stretch &amp; Tone</p> <p>12:00-1:00 ESL Beginners</p> <p>1:00-2:00 Line Dancing</p> <p>2:00-3:00 Art with Rosa</p> <p>2:30-3:15 Kinima Fit</p>	<p>18</p> <p>9:45-10:45 Tai Chi w/Alma</p> <p>10:00-12:00 Haircuts</p> <p>11:15-12:00 Yoga</p> <p>12:00-3:00 Mah Jong</p> <p>1:00-1:30 Kinima Fit</p> <p>2:00-2:45 Chair Zumba</p> <p>3:00-4:00 Fitness w/Linda L</p>	<p>19</p> <p><b>CLOSED</b></p> <p><b>IN OBSERVANCE OF</b></p> <p><b>JUNETEENTH</b></p> 	<p>20</p> <p>9:00-10:00 Tai Chi w/Alma</p> <p>10:00-11:45 Knitting</p> <p>10:30-11:00 Kinima Fit</p> <p>12:15-1:15 Improving your Balance &amp; Strength</p> <p>12:00-1:00 ESL Intermediate</p> <p>12:45-1:45 Jewelry Class</p> <p>1:00-3:00 Drop In Bridge</p> <p>1:30-2:30 Strength Training</p>	<p>21</p> <p>9:00-10:00 Tai Chi w/Ken Scalzi Park</p> <p>9:30-1:0 Sr. Olympics</p> <p>10:00-10:45 Chair Fitness w/Lili</p> <p>11:00-12:00 Art with Rene</p> <p>1:30-2:30 Total Body Workout</p>
<p>24</p> <p>10:00 -10:45 Latin Fiesta</p> <p>11:15-12:00 Stretch &amp; Tone</p> <p>12:00-1:00 ESL Beginners</p> <p>1:00-2:00 Line Dancing</p> <p>2:30-4:30 Movie: The Hill</p> <p>2:00-3:00 Art with Rosa</p> <p>2:30-3:15 Kinima Fit</p>	<p>25</p> <p>9:45-10:45 Tai Chi w/Alma</p> <p>11:15-12:00 Yoga</p> <p>12:00-3:00 Mah Jong</p> <p>1:00-1:30 Kinima Fit</p> <p>2:00-2:45 Chair Zumba</p> <p>3:00-4:00 Fitness w/Linda L</p>	<p>26</p> <p>10:00-10:45 Zumba Gold</p> <p>11:00-12:00 Sing Along</p> <p>11:00-12:00 Pilates Sculpt</p> <p>12:00-1:00 ESL Beginners</p> <p>12:15-1:15 Elder Abuse</p> <p>1:00-2:30 Open Technology</p> <p>1:00-1:30 Birthday Cake</p> <p>1:30-2:30 Aerobics</p> <p>3:00-4:30 Nickel Bingo</p> <p>3:00-4:00 Tai Chi with Ken</p>	<p>27</p> <p>9:00-10:00 Tai Chi w/Alma</p> <p>10:00-11:45 Knitting</p> <p>10:30-11:00 Kinima Fit</p> <p>12:00-1:00 ESL Intermediate</p> <p>12:45-1:45 Jewelry Class</p> <p>1:00-3:00 Drop In Bridge</p> <p>1:30-2:30 Strength Training</p>	<p>28</p> <p>9:00-10:00 Tai Chi w/Ken Scalzi Park</p> <p>9:30-12:30 Sr. Olympics Raintdate</p> <p>10:00-10:45 Chair Fitness w/Lili</p> <p>10:00-11:00 Journey to Happiness</p> <p>11:00-12:00 Art with Rene</p> <p>1:30-2:30 Total Body Workout</p>